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DAYS OF FUTURE PAST
IN CINEMAS MAY 22

SEE PAGE 18



SLAMMED Chief Scudamore

Scudamore MUST go for sexist email says FA boss

AN FA boss says Premier League chief Richard Scudamore should resign over sexist emails. Ex-FA bigwig David Dein is also embroiled in the scandal.

EXCLUSIVE: SEE PAGE 11

SCANDAL OF NHS CHIEFS' £166M BONUSES

Bosses get EXTRA PAY worth up to 36% as nurses get CUT of 1%



STRUGGLE
Nurse suffer with low pay

EXCLUSIVE
BY ANDREW GREGORY

NHS bosses pocketed £166million in extra pay last year, as nurses were hit by a 1% fall.

Shock figures revealed bonuses handed to managers soared by 36%. One furious health worker said: "This is a slap in the face for frontline staff."

FULL STORY: PAGE 7



SCARE Gwyneth Paltrow

Paltrow wins stalker ban

A CRAZED stalker who tried to bluff his way into Gwyneth Paltrow's homes in London and Los Angeles has been banned from going within 100 yards of the actress.

A US court granted a three-year restraining order against Nikolaos Gavrilis.

The court papers say Paltrow is still living with husband Chris Martin, with whom she "consciously uncoupled" in March.

Paltrow, 41, said Gavrilis presented "an immediate danger". He must also stay away from Martin, 37, and the couple's children Apple, 10, and Moses, eight.



Keep your eye on the ball & check out our 5-page BRAZILLIANT travel section

SEE PAGE 47



ROW Samir and fiery Anara

Boss is suing Nasri's lover

FRANCE football coach Didier Deschamps is suing Samir Nasri's girlfriend for insulting him on Twitter.

Anara Atanes, 26, blasted Deschamps after he left Manchester City midfielder ace Nasri, also 26, out of his World Cup squad for Brazil.

Furious Atanes, a model, wrote this week: "F*** France and f*** Deschamps! What a s*** manager."

Ex-Juventus and Chelsea star Deschamps, 45, has filed a lawsuit for "public insult", according to his lawyer.

Deschamps claimed Nasri had not played well enough to join his squad for Brazil.

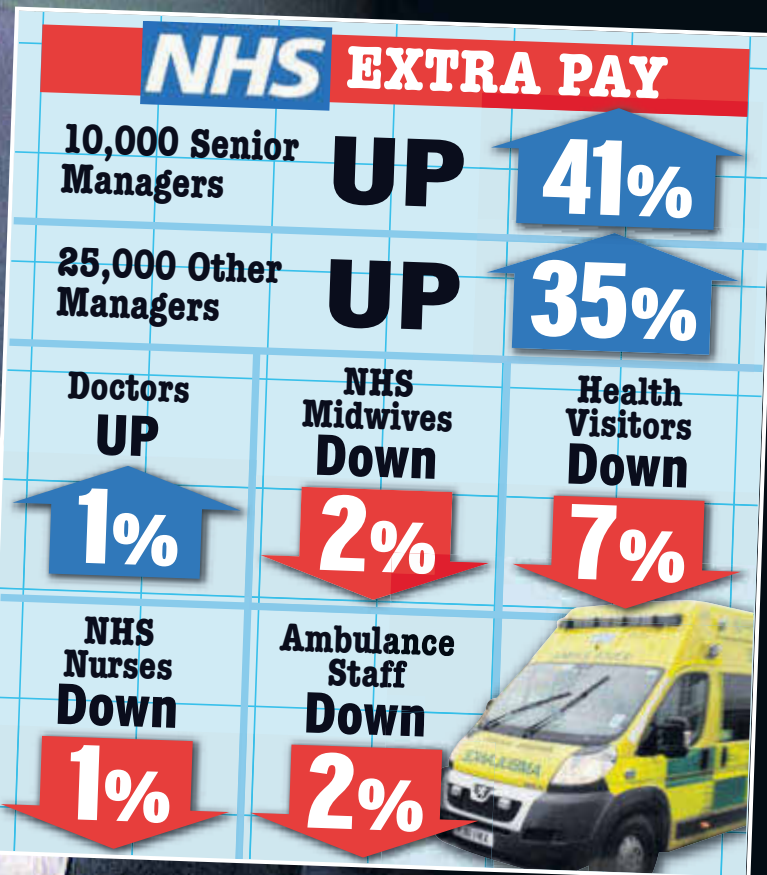
As nurses suffer 1% CUT...

£32K

amount claimed by former NHS chief Sir David Nicholson for 2013-14. His taxi bill alone was £6,700



LAVISH Former NHS boss Sir David



BOSSSES TROUSER 36% EXTRA PAY

Rise in chiefs' bonuses & overtime enough to fund 4,000 more staff

EXCLUSIVE

BY ANDREW GREGORY Health Correspondent



NURSES, midwives and other carers battered by David Cameron's assault on NHS wages were last night furious at revelations their bosses' pay packets have risen by 36%.

Senior managers pocketed £166million in bonuses and other extras last year – as the Tory-led Coalition slashes £20billion in costs from the beleaguered service.

That is up 36% from £122million the year before. The rise, on top of their annual salaries, could have paid for an extra 4,000 nurses, who have suffered a 1% cut.

The shock figures, seen by the Mirror, sparked outrage – with staff accusing Health Secretary Jeremy Hunt of paying the wages by snatching cash off struggling frontline workers.

Jon Skewes, of the Royal College of Midwives, said: "This is a slap in the face to midwives and maternity support workers. Enough is enough."

"These figures show Jeremy Hunt has given above and beyond to senior NHS managers and taken away from midwives and other overstretched frontline staff. He

could have used this money to pay midwives a fair increase but instead he gave it to top managers."

Campaign group Cure the NHS, which exposed the lack of nurses that contributed to the Stafford Hospital deaths scandal, also attacked the rises.

Founder Julie Bailey said: "NHS managers are already paid well enough. The public will be very unhappy with this. In times of austerity it doesn't seem that we are 'all in this together' as people seem to suggest."

Unison union's head of health Christina McAnea added: "Once again the top earners look after themselves. The value of health workers' pay has fallen by as much

as 14%. Some members are resorting to food banks for help. If managers are worth an increase then staff on the ground are worth it too."

The figures, from the Health and Social Care Information Centre, reveal 10,000 NHS managers pocketed an average of £6,596 on top of their basic salary of £78,000 in the last 12 months – up 41% on the year before. Another 25,000 got an extra £3,956 each, a 35% rise to boost their

“Once again top earners look after themselves. Staff need food banks

CHRISTINA McANEA UNISON BOSS YESTERDAY

£49,000 salaries. But nurses' non-basic pay was £3,892, down 1% on the previous year. Midwives earned £4,823 – a 2% drop. Health visitors were hit by a 7% fall leaving them with £932 in non-basic pay.

The Department of Health said non-basic pay included "a whole category of payments, such as overtime, redundancy, bonuses and clinical excellence awards". It insisted some of the 36% rise would have been in

payoffs for axed posts. But separate figures obtained by the Mirror showed the number of NHS bosses remained static last year.

A DoH spokesman said: "Managers' pay should be subject to greater restraint than frontline staff. We are working with NHS England to make sure this happens."

New NHS boss Simon Stevens ordered a clampdown on lavish spending after figures this week showed nine health chiefs blew almost £200,000 last year on fine dining and hotels. His predecessor Sir David Nicholson claimed £32,000.

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Curb these over-the-top payouts

IT is another kick in the teeth to know that while nurses struggle with pay freezes, some managers have been liberal with extra payments that have nothing to do with patient care.

The NHS needs good managers, and it needs to attract the best.

It does not need to spend millions on overtime, bonuses or redundancy payments for managers who swiftly

COMMENT

BY DR PETER CARTER, ROYAL COLLEGE OF NURSING CHIEF EXEC



return to NHS jobs. Nurses will want to be reassured that this is stopped.

NHS boss Simon Stevens has promised to clamp down on lavish expenses, we want to see these excesses curbed at the same time.

64% of student nurses planning to work abroad

Patients 'at risk' as low pay drives NHS staff away

EXCLUSIVE
BY ANDREW GREGORY
Health Correspondent



NEARLY two thirds of the UK's 60,000 trainee nurses may go abroad to work due to the Tory-led Coalition forcing down wages, a poll reveals today.

Experts warned an exodus of talented, trained staff would put patient safety "at risk" and cripple the National Health Service.

Brit nurses are highly sought after in countries such as Australia, Canada, Dubai and the US, where they can earn upwards of £10,000 a year more. The Royal College of

Nursing survey shows that 64% of undergraduates are considering pursuing a nursing career abroad.

Earlier this year the Coalition ignored the recommendation of an independent pay review body to give nurses a paltry 1% rise.

Dr Peter Carter, chief executive of the RCN, Britain's biggest nursing union, said: "The Government is putting patient safety at risk by making it harder for hospitals to attract and retain the number of nurses they need."

"With thousands of vacant nursing posts

and surging patient demand, the NHS simply cannot afford to keep under-valuing its nursing staff, forcing thousands to go abroad.

"The Government is making a rod for its own back by refusing a cost of living increase."

The poll found 90% of student nurses believe their profession is undervalued and 98% fear future pay will carry on falling behind inflation.

NHS staff, including nurses, will go on strike for four hours next Monday over pay.

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£70k

cost to the Government of training a nurse, according to Health Education England



I'd be better off taking a job in Qatar

STUDENT nurse Helen Dalgleish is "seriously considering" beginning her nursing life in Qatar.

Helen, of Milton Keynes, Bucks, said: "There are lots of children's hospitals being built - which is the area I want to specialise in.

"They also offer nurses a great wage, with some starting salaries between £36,000 and £40,000."

The second-year student, 21, added: "A 1% rise, even though it's below inflation, would still have been a positive gesture.

"Instead, you are being made to feel like you're not contributing to society, like you're not worth paying a decent wage."

“

You're already being made to feel like you're not worth paying a decent wage

HELEN DALGLEISH STUDENT NURSE YESTERDAY



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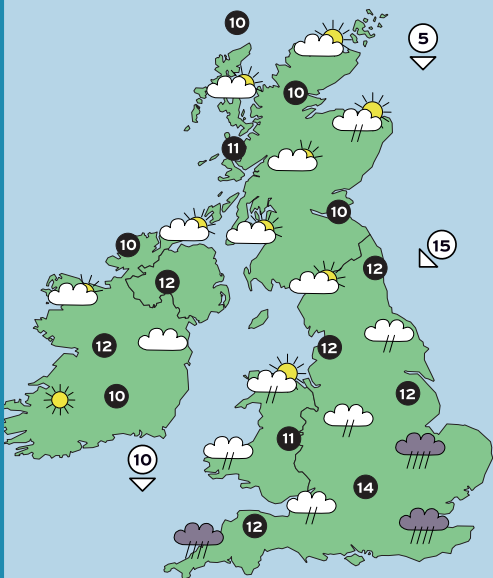
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THE WEATHER



TODAY Rain across England and Wales. Drier further north

Cloudy and blustery across **England** and **Wales** with showery outbreaks of rain, heavy in places, with the risk of the odd thunderstorm. A few patches of rain for eastern **Scotland**, but drier elsewhere in the **UK** some sunny spells.

THE OUTLOOK

Lingering rain for parts of England and Wales tomorrow, but drier and brighter across Scotland and Northern Ireland. Further rain will spread in from the south west on Wednesday.

ABROAD

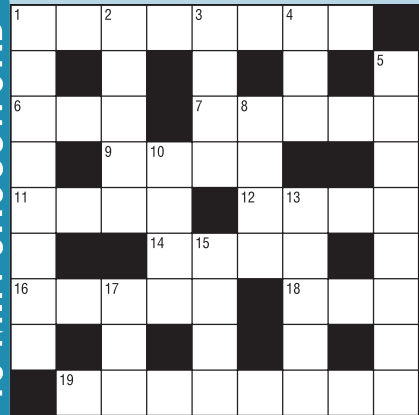
	C	F		C	F		
Amsterdam	S	16	61	Las Palmas	S	21	70
Athens	S	24	75	Madrid	S	18	64
Barcelona	S	25	77	Malaga	SH	17	63
Benidorm	F	24	75	Malta	F	25	77
Biarritz	S	24	75	Miami	F	30	86
Costa Brava	F	25	77	Nice	S	24	75
Crete	SH	23	73	Paris	S	16	61
Ibiza	F	27	81	Sydney	S	28	82
Larnaca	F	27	81	Tenerife	S	25	77

S Sun, C Cloud, F Fair, SH Shower, R Rain, DR Drizzle, FG Fog, SN Snow, TH Thunder

THE LOTTERY

SATURDAY'S LOTTO: 2, 5, 8, 23, 26, 32. Bonus: 18. Three winners share £2.8m jackpot.
THUNDERBALL: 15, 17, 22, 33, 37. Thunderball: 3. No £500k winner.
FRIDAY'S EUROMILLIONS: 6, 29, 42, 45, 47. Lucky Stars: 9&10. Millionaire Raffle: GW 1405938. No winner of £101.8m jackpot.

10 MIN CROSSWORD



- | | |
|-------------------------------|-----------------------------|
| ACROSS | DOWN |
| 1 In spite of (5,3) | 1 Disbeliever (8) |
| 6 Pen tip (3) | 2 Something not allowed (5) |
| 7 Spun thread (5) | 3 Common (4) |
| 9 More than (4) | 4 High shot in tennis (3) |
| 11 Horse's iron footplate (4) | 5 Charitable (8) |
| 12 Sea-girt land (4) | 8 Eye part (4) |
| 14 As well as (4) | 10 Calf meat (4) |
| 16 Fireplace (5) | 13 Relating to the sun (5) |
| 18 Author, - Tolstoy (3) | 15 Fasting period (4) |
| 19 Scavenging birds (8) | 17 African antelope (3) |

SATURDAY'S SOLUTIONS ACROSS: 2 Ablaze; 5 Sago; 6 Ruined; 7 Slot; 8 Add; 11 Epee; 13 Tariff; 14 Ever; 15 Stupor.
DOWN: 1 Sail; 2 Aorta; 3 Aunt; 4 Endure; 7 Status; 9 Defer; 10 Urdu; 12 Eden.

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Putin orders his troops to quit Ukraine

VLADIMIR Putin has told 17,600 troops to pull out of border areas with Ukraine.

The surprise retreat from Donetsk and Lugansk will be seen as a reaction to the crippling impact of Western sanctions on Russia's teetering economy.

Opponents said Mr Putin's "disastrous" campaign in an area he calls Novorossiia, or New Russia, had left him an "outcast" on the world stage.

The Kremlin leader - who yesterday oversaw the first Russian Grand Prix in Sochi - has been warned Russia could lose up to £62 billion in capital this year as oligarchs pull their cash.

Key talks this week could determine the direction of EU and US sanctions.

In Milan on Friday, Mr Putin will meet Ukraine's leader Petro Poroshenko during the Asia-Europe summit, also attended by David Cameron.

Medics must be 'honest' about errors

HEALTHCARE regulators have outlined their commitment to a more open and honest way of caring following the Mid Staffs hospital scandal.

The joint statement on the "essential" duty of candour calls for health professionals to let patients know if something goes wrong - and apologise.

The General Medical Council and Nursing and Midwifery Council joined regulators from the pharmaceutical, chiropractic, dental, optical and osteopathic sectors pledging to promote the statement.

It is hoped it will also encourage healthcare staff to raise concerns.

Niall Dickson, GMC chief executive, said: "The awful reality that emerged from Mid Staffs was that doctors felt it was acceptable to walk by knowing there was unsafe practice going on."

NHS STRIKE AS NURSES RESORT TO HANDOUTS

EXCLUSIVE
 BY ANDREW GREGORY
 Health Correspondent

THOUSANDS of NHS staff will go on strike today over plummeting wages which have left many relying on charity cash handouts.

As 400,000 workers including nurses, midwives and ambulance staff walk out, figures released to the Mirror show how the Tory-led Coalition's attack on pay has put many on the headline.

The Royal College of Nursing revealed applications to its charity arm for hardship grants have gone up by 21% in just two years

Chief executive Dr Peter Carter said: "Nursing staff have seen their finances squeezed because of pay being frozen while the cost of living has shot up."

"These are tough times for many nurses and their families with many struggling to pay bills."

Members of six unions - not including the RCN - will strike for four hours from 7am.

This will be followed by a four-day work to rule across the NHS and a ban on overtime in the ambulance service.

Urgent medical care will still be provided, but routine operations and other procedures are likely to be affected. It is



ROW Tory minister Jeremy Hunt

Anger over falling pay

1%
 The nurses' pay rise, scrapped by the Coalition

10%
 MPs' rise, recommended by expenses watchdog

“These are tough times and many nurses are struggling to pay bills”
 PETER CARTER OF ROYAL COLLEGE OF NURSING

the first national NHS strike over wages for more than 30 years and was triggered by Health Secretary Jeremy Hunt's decision to scrap a 1% pay rise for all staff.

Official figures show the real terms average national weekly income fell 4.4% between 2010 and 2013. But for NHS staff it plunged 15%.

Meanwhile, MPs are set for a 10% pay rise. A newly qualified nurse starts on £21,388, rising to an average of £30,564 a year. A 1% rise amounts to £305. MPs'

pay will rise nearly £7,000 to £74,000 if their wage hike goes through.

A Unite poll found 61% of the public believed today strike was justified.

The union's head of health Rachael Maskell said: "Our members have told us that they have had enough of seeing their incomes slashed, while the rich and powerful make hay."

And Unison's Dave Prentis added: "These are not highly paid workers who can weather the huge rises in food, fuel, transport and housing costs that we have seen of late."

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VOICE OF THE MIRROR AND KEVIN MAGUIRE: PAGE 8



PROFITS East Coast train

TORIES ANTI-BRITISH RAIL

RAIL services can be state owned - as long as the state is not Britain, a union has claimed.

A study by the RMT rail union shows three out of four rail services are owned or backed by foreign state railways.

And Germany's Deutsche Bahn, which runs Arriva, has admitted it skims profit from the UK to invest in rail services at home. Labour

MPs will call this week for an urgent parliamentary inquiry into the practice - as the Government prepares to reprivatise the profit-making East Coast mainline service.

RMT general secretary Mick Cash said the situation was "down to the right-wing ideology of this Government" and the use of UK rail as a "cash cow" would shock passengers.

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4-PAGE PUZZLE PULLOUT INSIDE

Rotherham's files on child sex missing

FOUR years of files on child sex abuse in Rotherham have gone missing.

Prof Alexandra Jay, who wrote the report revealing 1,400 girls were abused in the town over 15 years, told MPs they covered meetings between 1999 and 2003.

She said: "It was a period when a group of professionals were trying to address these issues. But the minutes couldn't be found."

"They contained information on how decisions were made about these children's lives. As adults, they have a right to know."

She told the Commons Local Government Committee that bosses - who either retired or moved on - were to blame for the crisis by insisting it was blown out of proportion.

Man quizzed over mum & 2 kids killings

A MAN was last night being questioned over the fatal stabbing of a mum and her two young children.

The woman was named locally as Marta Galikowska, 28, whose body was found with the children in a house.

Police said: "A man was arrested at the scene. Police have started a detailed investigation. We ask people do not to speculate while we establish the facts."

The Facebook profile of Marta, originally from Poland, said she had daughters Majeczka, aged five, and Olgunia, 18 months.

Officers were called to the semi in Stanfields, Stoke-on-Trent, on Sunday night.

A neighbour said: "The woman kept herself to herself and her husband worked as a bin man."

Hillsborough cop's 'toady' letter blasted

A POLICE chief's letter to a new Home Secretary offering "insight" into the Hillsborough disaster was blasted as nonsense yesterday.

Richard Wells told Jack Straw campaigner Trevor Hicks spoke for a group "whose views he doesn't fully share but does not know how to jump off the tiger".

The then South Yorkshire chief constable said Mr Hicks, who lost two daughters in the tragedy, privately conceded "the contributory role of Liverpool fans".

Mr Hicks told the new inquests: "I WAS the tiger." He denied accepting fans played a part in the 1989 disaster. He said: "It's a toady letter to the new boss. I find it a bit of a nonsense."

The hearing continues.

HEALTH WORKERS IN WALKOUT OVER WAGE RISE

WE'LL KEEP ON STRIKING

» Hunt is told to put money on table or face more disruption : Even Tory minister says NHS shake-up was a huge mistake

BY ANDREW GREGORY Health Correspondent and AMANDA KILLELEA

JEREMY Hunt was last night warned NHS workers will strike again - unless he gives them a pay rise.

The threat came after hundreds of thousands of staff walked out for four hours yesterday in the health service's first national strike over wages in 32 years.

One option being discussed is a full day's strike across the NHS before Christmas. Rachael Maskell, head of health at Unite, which represents 100,000 NHS staff, said in a direct warning to the Health Secretary: "There will definitely be more industrial action by NHS staff if Jeremy Hunt doesn't sit down and talk and make more money available."

Troops and police officers were drafted in to drive ambulances during yesterday morning's walkout.

Soldiers were seen helping paramedics with a stretcher outside the Royal Liverpool Hospital, and other officers helped drive ambulances in London.

SCARE

But union sources said the move to bring in the Army and police was "unnecessary" and "designed to scare the public".

Striking health workers across England and Northern Ireland warned that "obscene" rates of low pay were damaging morale.

Midwives, nurses, paramedics, ambulance staff, cooks, cleaners and porters mounted picket lines between 7am and 11am.

They will take other forms of industrial action - including refusing to work unpaid overtime - for the rest of the week.

The strike was organised in protest at the Government's decision to rule out a 1% pay rise - recommended by their independent pay review body - for all NHS staff.

Nurse Janet Maiden, 50, who has been working in the NHS for 30 years, said: "It's obscene that people are working so hard for so little and people have really had enough."

Defiant Mr Hunt insisted 55% of health staff will get a pay rise of 3% and claimed that giving all staff a 1% increase could only be paid for by cutting 4,000 nursing posts. But Rehana Azam, national officer of the



BIRMINGHAM



MANCHESTER



LONDON



LIVERPOOL

Soldier helps a paramedic to move stretcher at Royal Liverpool Hospital during strike yesterday



BRIGHTON



GATESHEAD



BRISTOL

Try working a 14hr shift with no break... then tell us we don't deserve 1%

PAUL ROUTLEDGE
On the picket line at Airedale Hospital

DAWN had just broken over Ilkley Moor when Stephanie Marren walked up the short, steep hill to leave Airedale General Hospital.

She joined striking health workers on the picket line after finishing her 12-hour night shift as a porter.

"It's the cold that's keeping me awake," she tells me. "But I just had to come out. Sometimes, you have to make a stand."

Stephanie, 55, earns £16,000 a year doing shifts at Airedale. She used to work in the hospital laundry, but that was privatised.

With a mortgage and bills to pay, she couldn't afford to take redundancy, so chose redeployment to portering.

Alongside her with a Unison banner is a right little fighter, Jeanette Wilson, 52. She delivers meals to patients' beds. They call it "hostessing", as if the hospital were a West End club.

But there the comparison ends. Jeanette is on £15,000 a year. "Just these past two years, I am really starting to struggle, starting to do without non-essentials. I have to think twice before getting anything."

"But there's no point in sitting there whingeing about it. People are leaving and not being replaced. We have to do something about it, that's why we're out here today."

A bleak autumn sun complements the cold wind whipping up the Aire Valley. This regional health unit, just outside Keighley, opened in 1970 by Prince Charles, employs 3,000 people and caters for the population of 700 square miles of North and West Yorkshire and East Lancashire.

Yeast was a national protest but there are also local issues. The 15-minute tea break has been abolished. Car parking charges for staff have shot up to £198 a year. Redundant workers are not replaced. New workers

sign six-month contracts. This is NHS life under the "caring Conservatives".

Gathered on the main road outside the hospital from 7am are about 30 health workers - mostly women - ranging from porters to nurses, medical secretaries to midwives. Here is a building works supervisor, there a health care support worker. A microcosm of the NHS.

Unlike the poney rhetoric of Coalition ministers they really are all in it together: Unite, Unison, the GMB and the Royal College of

Midwives stand shoulder to shoulder with their flags and "Fair Pay" placards.

It's the best free theatre round here. Cherie Melvin, a health care support worker, belies her 53 years, darting up to the constant stream of cars pouring into the site. Most take the leaflet she offers.

"The others I give the death stare," she laughs. The feeling is good, even among "virgin strikers" like the midwives.

Karen Savage, 47, a mother of two girls and a community midwife, is a first-timer. "It just shows how strong the feeling is. It's great that we're all standing united on this."

"All we are asking for is 1%. Is that fair, when you look at the hospital chief executive getting 16% and MPs getting 10%?"

"Midwives do love their job, but I think we're losing people from the profession because of changes to terms and conditions. Enough is enough."

Midwife Tracy Boothman, 38, adds: "If Jeremy Hunt was standing right here, I'd ask how he'd live on our wages and work all the long shifts we have to do."

"He should try working 12 to 14 hours without a break and without food and then tell us we don't deserve 1%."

That's told the Health Minister. But will he listen?

FURY Midwife Tracy Boothman talks to Mirrorman Routledge

THE RELUCTANT PROTEST

NURSES, midwives, paramedics and other NHS workers reluctantly took strike action yesterday - for the first time in more than 30 years.

They did so with a heavy heart because, as hard-working and dedicated professionals, they knew appointments would be cancelled and patients inconvenienced.

But NHS employees would never do anything to harm patients or put them at risk and staff came off the picket lines to deal with emergencies.

After six long years seeing their pay either frozen or held back way behind rising costs, health workers have had enough of being ignored and taken for granted by the Government.

Having spent billions on a pointless

COMMENT

BY FRANCES O'GRADY
TUC GENERAL SECRETARY

NHS re-organisation, the Government would rather give tax cuts to the rich and big business than fund a 1% pay rise recommended and judged affordable in an independent review.

The danger to the public is not striking nurses and midwives, but Jeremy Hunt and his Cabinet colleagues. The morale of health care workers has never been lower.

Polls suggest the public thinks NHS staff deserve a pay rise. It's time the Government realised that, too.

St Thomas' Hospital opposite Parliament, passing drivers tooted horns in support.

Annie Black, a midwife for 12 years, said: "We haven't had a pay rise for years yet our workload keeps on increasing. It's time the Government took us seriously."

In Manchester, it was still dark when hundreds of midwives, nurses and domestic staff gathered on the picket line outside St Mary's Hospital.

Terry Jeggo, 45, of Ardwick, has been a domestic assistant at the hospital for 15 years. He told how he was striking because he can barely afford to put food on his table each week.

He explained: "I am a part-time worker as I am also a carer for my mum. I can't afford to put the heating on and eat properly during the week because there just isn't enough money for it."

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GMB union, said: "He is simply wrong to say that nearly half of the staff will get an automatic 3% pay increase."

The incremental rises only apply to some staff and depend on experience.

TUC general secretary Frances O'Grady pointed out that the pay review body had said the 1% pay rise was affordable. She

added: "The Government has chosen to waste so much money on a costly and pointless reorganisation of the NHS and on tax cuts for the wealthy."

"But it is refusing to give hard-working NHS workers the pay rise the public believes they should get." The war of words came

as senior Tories yesterday admitted for the first time that the Government's controversial NHS shake-up, brought in by Andrew Lansley, was its biggest mistake.

One senior Cabinet minister, who asked to remain anonymous, conceded: "We've made three mistakes that I regret, the first being restructuring the NHS. The rest are minor." Another Tory insider admitted the plans were "unintelligible gobbledeygook".

Dr Mark Porter, chairman of the British Medical Association, said the Government had ignored the concerns of patients and staff on "top-down" reorganisation.

He said: "Politicians shamefully chose to stick their head in the sand and plough on regardless". The damage done to the NHS has been profound and intense, so this road to Damascus moment is too little, too late and will be of no comfort to patients whose care has suffered."

Labour has pledged to repeal the 2012

Health and Social Care Act, which saw a complete restructuring of how the NHS is funded. Campaigners said that it paved the way for private firms to take over running the health service.

Meanwhile, unions reported "solid" support for yesterday's action even though many workers, including midwives, went on strike for the first time in their lives.

There were some reports of ambulance services developing backlogs but bosses said that all life-threatening cases had been given priority.

Contingency plans were put in place, with union members responding to emergencies. Hospital staff were seen leaving the picket lines to deal with patients in some places.

Some outpatient appointments were affected, as well as some routine surgery. But for the most part the strike action appeared to have public support. Outside